

Syllabus for “Rescue Massage” classes (Optional: 8hrs credit available, see next page)

Both classes below build on the lessons taught in the webinar, “*Natural Healing Secrets for Rescued and Adopted Animals*,” which is included for you in the “Rescue” classes. Also included are the extra video demonstrations of the techniques from that webinar.

Each of the first 3 weeks you'll get a video lesson teaching techniques, an anatomy lesson, and weeks 2, 3 and 4 you'll get an interview with a professional sharing their tips. Lessons will include discussion of building trust, supporting general health and immune function, and observing the animals' responses and comfort.

Coaching and Q&A is via e-mail and with access to monthly group coaching calls.

Rescue Dog Massage

Week 1: Tapping for Relaxation, Connection and Flow (multiple key locations covered)
Anatomy lesson on the sacrum plus additional information on acupressure points
Webinar “*Natural Healing Secrets for Rescued and Adopted Animals*”

Week 2: “Pleasing the Paws” for Grounding and Trust (multiple techniques and tips)
Anatomy lesson on the lower limb, comparative anatomy
Interview with Kim Bauer, Lead Instructor for Tallgrass Animal Acupressure Institute

Week 3: Full Body Rocking
Anatomy lesson on the Lymphatic System, plus information on connective tissue
Interview with Polly Klein, Animal Communicator and Reiki Master

Week 4: Video lesson: Q&A and review
Bonus interview with Lola Michelin, Director of the Northwest School of Animal Massage

Rescue Horse Massage

Week 1: Tapping for Relaxation, Connection and Flow (multiple key locations covered)
Anatomy lesson on the sacrum plus additional information on acupressure points
Webinar “*Natural Healing Secrets for Rescued and Adopted Animals*”

Week 2: “Down to the Ground” for Grounding and Trust (multiple techniques and tips)
Anatomy lesson on the lower limb, comparative anatomy
Interview with Lola Michelin, Director of the Northwest School of Animal Massage

Week 3: The Withers: Easing Transitions
Anatomy lesson on the withers, plus information on connective tissue
Interview with Robyn Smith, horse and human teacher, trainer and healing facilitator

Week 4: Video lesson: Q&A and review
Bonus interviews: Kim Bauer, Lead Instructor for Tallgrass Animal Acupressure Inst.
and with Polly Klein, Animal Communicator and Reiki Master

Information for All About Animal Massage on-line classes

How do the classes work? (see additional pages for the specific content)

These are "go-at-your-own-pace" classes with video, audio and text lessons. Access is on your own schedule. Lessons are delivered by e-mails and a membership website with password access.

The classes each week are designed to teach bodywork techniques, related anatomy, and additional expert tips that will help you help your dog or horse manage, improve or avoid common problems.

Coaching/Q&A support is available by e-mail, and **also by monthly group coaching calls, as well as the recordings of past sessions.**

Currently, there is no expiration date for your access to the lessons, so you can take them once a week, once a month, or however slowly you'd like. You can also go back and review earlier lessons anytime. 30-day money back guarantee on all classes, of course!

Certificates of Achievement and Continuing Education credit: A certificate and 8 CE hours are available with completion of an assignment. The processing fee for each "*Rescue*" class is \$47. (For mailing certificates outside the U.S., please add \$5 for extra postage.) Certificates will NOT be to certify anyone as a professional. For questions about whether the classes will count for continuing education requirements, please check with your licensing board overseeing such requirements for whether they will accept non-provider, on-line hours. Let me know if there is anything I can do to facilitate acceptance of CE credit by the organization for which you may need them.

Audience(s) who will benefit from the classes (besides the animals):

#1 audience are owners and care-givers

- Learn skills and techniques to help your own animals
- Gain knowledge that will help to utilize and coordinate professional services

#2 audience are professional bodyworkers

- Add new ideas and perspectives to what you already do so far
- Review and revisit information that may be ready for a refresher
- CE credit to maintain your licensing, depending on the requirements of your licensing board
- **These classes are NOT intended to certify anyone as a professional**

#3 audience are other professionals (veterinarians, trainers, farriers, etc) and animal wellness organizations (shelters, rescue organizations, therapeutic riding centers, Delta Society, etc.)

- Refer clients, staff, and contacts for education that can support your work/mission
- Learn more about how massage and bodywork can contribute to your work/mission

Thank you for helping animals by learning more about how massage and bodywork can help!

Megan Ayrault, LMP, L/SAMP

Founder, All About Animal Massage

AllAboutAnimalMassage.com