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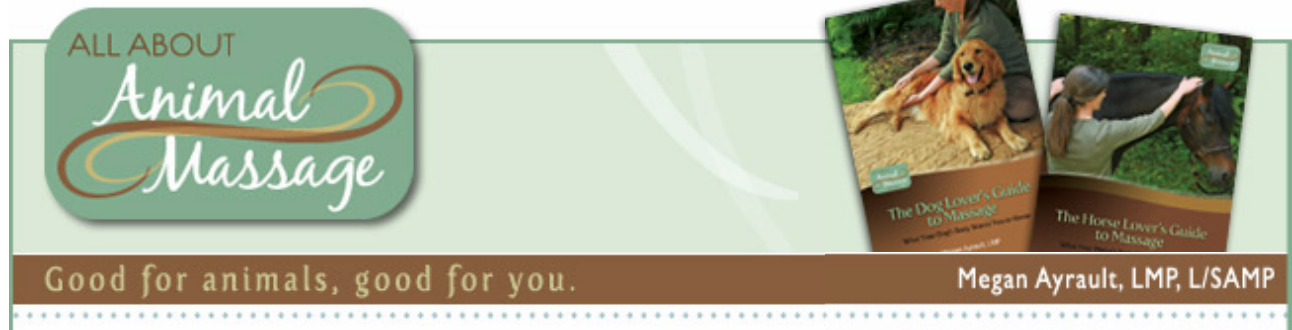
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## Animal Wellness News: Fresh Tips!

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July 2009



Hello summer!

Enjoy this new selection of [Animal Wellness Tips](#) offered by our Expert Advisors, along with our featured Guest Experts sharing about Reiki, the inspirational [Photo and Quote](#) of the month, and more [Specials](#) for July.

A few fun updates:

- My book, *The Dog Lover's Guide to Massage*, was selected as a Highlighted Title with Independent Publishers! I'll be launching a national media campaign for both books this summer/fall, so be watching for them....
- Starting this month, check out the newest [Horse Radio Network](#) show. I will be offering tips on horse massage as one of their featured experts. This show will be a daily podcast offering a horse care related tip from a variety of professionals. (If it's not quite launched at the beginning of the month, please check back later.) You can also listen to the [Stable Scoop episode](#) interviewing three authors, including me:)
- Are you on Facebook? Be sure to visit the new [Facebook Page](#) for All About Animal Massage and share it with your FB friends.
- Browse the new Amazon section of our store, filled with [Recommended books, DVDs, and Tools](#) and let me know if you have suggestions for titles I should be adding.

**Guest Experts****Reiki Practitioners Candy Boroditsky and Leaming Chee-Brown**

No matter what your pet suffers from, Reiki can help. Reiki (pronounced Ray-key) comes from the Japanese Rei and Ki meaning spiritually guided life energy. Reiki for pets is a form of healing that helps harmonize the mind, body and soul of your pet. Reiki can be used as a way to relax your animal and release negative emotions. For a dying animal, Reiki is a way to provide them with comfort. If you go to a high end spa for people, you will also see Reiki as one of the options.



We learned Reiki originally for our own pets. My dog had hip dysplasia but with Reiki, she now runs up down the

stairs. I have witnessed Reiki heal her leg when she had chewed it right down to the skin due to anxiety. Reiki has even stopped her from digging up the yard! You can visit our [blog](#) for many examples of how our clients have responded to Reiki, both in person and with distance healing.

We send Reiki anywhere in the world. Currently we have clients in the UK, Finland, Luxembourg and Dubai as well as in many of the States. If you would like to schedule a Reiki session for your pet, please e-mail us at [reikifurbabies@gmail.com](mailto:reikifurbabies@gmail.com). Be sure to mention this newsletter and we will give your pet a session for \$35.00. Bear in mind what makes us different is that there are TWO Reiki practitioners working on your pet for one price!

[Visit Learning](#) on the Animal Wellness Network

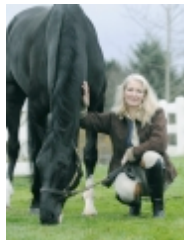
## Animal Wellness Tips



--[Kari DeLeeuw](#), DVM, VSMT, CVA  
Equine Holistic Sports Medicine

### Pain Relief Using "The Four Gates"

When dealing with an animal in pain, often there is a condition of Qi (or chi) stagnation. Qi is a term in Traditional Chinese Medicine that can be described as the body's flow of energy. Qi stagnation can include a sudden temporary pain, shooting pain and pain that improves with movement. "The Four Gates" describe acupuncture points, one in each limb, that have strong Qi moving effects and therefore extremely good pain relief. They can be acupunctured, aquapunctured, lasered or massaged and will provide the animal considerable relief. They can also be treated during medical procedures to lessen the pain and therefore the amount of anesthetic needed. For descriptions of locations and recommended resources for learning more, [click here](#).



--[Lola Michelin](#), Founder and Director  
Northwest School of Animal Massage

### It's all connected

The soft connective tissue of the body called fascia creates



--[Debranne Patillo](#), Founder and CEO  
Equinology and Caninology

### Your horse needs a dentist, too

Avoiding or resisting contact in the bridle due to dental issues can cause significant trouble for your horse's neck, trunk, shoulder and back muscles, as well as the mouth. Be sure to have your veterinarian check your horse's teeth regularly, rather than waiting for these added complications and consequences to develop.



--[Jim Pascucci](#), Advanced Rolfer and Author  
Animal Structural Integration

### Three "brain" system

Did you know that there is a difference in the locomotor control between the quadruped (four-legged animals) and the biped (two-legged)? While the biped's movement is generally controlled by the brain, the movement of the quadruped is controlled in three centers: the brain, controlling head and neck; the cervical (neck) enlargement, controlling the front limbs; and the lumbar ("low back") enlargement, controlling the rear legs.

a networks of rivers and roads along which information travels throughout the body. The far reaching effects of this fibrous network are so intricate that injuries in one part of the body can have repercussions in other distant and seemingly unrelated areas. For example, some studies indicate that a high percentage of racehorses with hyperextension injuries of the tendons in the lower front legs often have related fractures along the "hyoid bone", which is located in the upper throat.



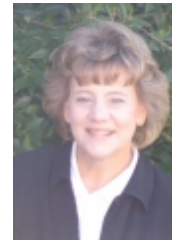
--[Maryjean Ballner](#), LMT and Author  
Cat and Dog Massage



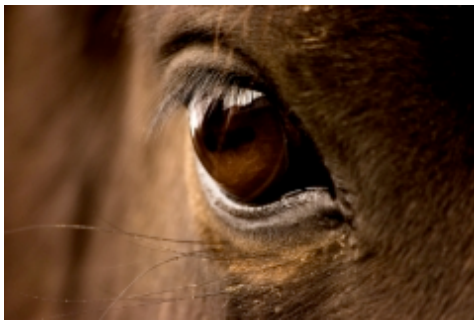
--[Kim Bauer](#), Lead Instructor  
Tallgrass Animal Acupressure Institute

#### **We can learn a lot from cats....**

They tend to take very good care of themselves and don't usually need regular bodywork for sore muscles. But there are many other benefits to consider. Times when bodywork might be warranted include; behavioral issues, geriatric cats, trauma/injury/post-surgery, and illness.



--[Ruth Mitchell](#), PT, CMT and Author  
Facilitated Healing Through Myofascial Release



"There is a grandeur in this view of life... that, whilst this planet has gone cycling on according to the fixed law of gravity, from so simple a beginning endless forms most beautiful and most wonderful have been, and are being, evolved."

Charles Darwin,  
*The Origin of Species*

#### **Listen without an agenda**

When we are doing any type of bodywork on our animal friends, we must remember to leave our agenda out of the picture. It's difficult because we want to help. The lesson for us is to listen to what they need at that moment and accept that, while it may not be all we think we "should" do, we are fulfilling their needs. And that's enough!

## *July Specials*

**\$35 Reiki Session for Your Pet  
offered together by both our Guest Experts**

\*e-mail: [reikifurbabies@gmail.com](mailto:reikifurbabies@gmail.com)

**Buy 3, Receive 1 as a Gift**

***[The Dog Lover's Guide to Massage](#)***

***[The Horse Lover's Guide to Massage](#)***

\*Contact [Megan@AllAboutAnimalMassage.com](mailto:Megan@AllAboutAnimalMassage.com) for special pricing.

Our Experts and I will be back again in August with more tips and specials....

Keep in touch!

~Megan

[www.AllAboutAnimalMassage.com](http://www.AllAboutAnimalMassage.com)

Send questions and comments to [Megan@AllAboutAnimalMassage.com](mailto:Megan@AllAboutAnimalMassage.com).

Learn more at [AllAboutAnimalMassage.com](http://AllAboutAnimalMassage.com) and [Megan's Blog](#).

Find a professional at the [Animal Wellness Network](#).

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