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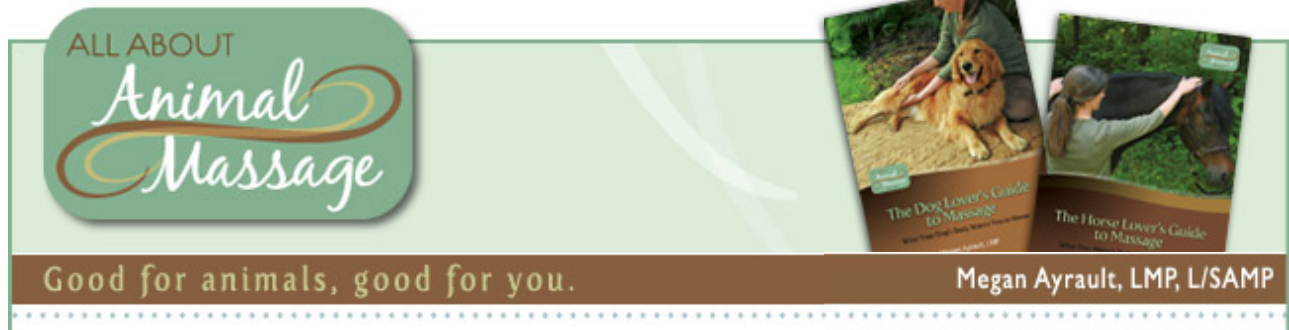
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Animal Wellness in Haiti

Tue Apr 6 22:21:25 2010

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February 2010



Hello Animal Lovers,

With the recent events in Haiti and the outpouring of concern and support for the Haitian people, you're probably also wondering, what about the animals? Well, there is an Animal Relief Coalition for Haiti (ARCH), and for more information on their work and how you might contribute, I recommend the websites for [Best Friends](#), a wonderful animal sanctuary in Utah, and the [ASPCA](#), two of the groups making up this coalition.

In addition to some more [Animal Wellness Tips](#) offered by our Expert Advisors, we also have Vicki Draper, LMP as our [Guest Expert](#) this month, and the usual fun/inspirational [Photo and Quote](#) of the month below for your enjoyment.

At the end of January I had the pleasure of being a guest on the [Natural Horse Network Radio Show](#). The host, DC, and I talked about massage for almost an hour, including some descriptions of how the effects of massage happen, and some brief stories of those effects in action. (Just scroll down to the "on demand" shows to find it.)

Guest Expert: Vicki Draper, LMP

Vicki is an incredibly versatile practitioner for animals and people. She offers a wide range of therapies, classes and products in her own practice near Seattle, WA, as well as a number of resources available to animal lovers worldwide. I recommend starting with the free recording of her teleseminar on [Calming Techniques Your Animal Wants You to Know](#). This recording is full of great information and suggestions you can use for your animals and even for yourself.

Another aspect of Vicki's work I encourage people to explore are her "essence mists," which she formulates and hand-crafts from a combination of crystal, mineral, nature and flower essences. She and her clients use them to find better balance, reduce pain, and increase a sense of peace and well-being. "Deep



inside the rocks and crystals we find untainted vibration. Crystals, rocks, gemstones, fossils, metals and crystalized saps (such as amber) make up the vast array of vibrational components used in Vi Miere Products. The most common issues are stress, anxiety and fear for both people and animals. When we are stressed, our animals are also stressed and affected. By addressing the family needs (which may start with the animals), the whole family heals together."

[Visit Vicki](#) on the Animal Wellness Network to learn more and ask her your questions.

Animal Wellness Tips



--[Kari DeLeeuw](#), DVM, VSMT, CVA
Equine Holistic Sports Medicine

On Acupuncture....

Listen to Dr. DeLeeuw's latest entry on the [Horse Tip Daily Radio Show](#), discussing acupuncture for your animals.



--[Lola Michelin](#), Founder and Director
Northwest School of Animal Massage

Pick a species, any species?

Should you get a massage from the same person who massages your pet or your horse? Well, that all depends on their training. Not all licensed massage therapists are trained to work both on you and your animals.

Massaging animals can be very different from massaging a person and it is important to understand the behavior and the anatomy of each species. So ask your therapist about their training...they should be glad to tell you about it.

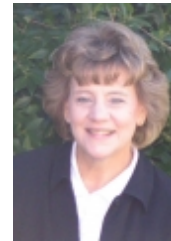


--[Debranne Patillo](#), Founder and CEO
Equinology and Caninology

Does g-i-r-t-h spell "trouble"?

Trouble signs for your horse's wither area muscles: Your horse may be unwilling to round (lift) his back and lower his neck. Your horse may dislike when you tighten the girth or cinch. He may act aggravated (biting, stomping, swishing his tail, kicking) when you are initially brushing this area. Listen to what he's telling you and see about helping him with massage.

For more on how to help your horse's wither area muscles, you can download your copy of "[A Horse Owner's Guide to Equine Massage, Part Two: The Pocket of the Withers](#)" at Debranne's website.



--[Ruth Mitchell](#), PT, CMT and Author of
Facilitated Healing Through Myofascial Release

What happened?

Frequently we question what has caused the pain/dysfunction our animal is experiencing. Injury can occur as one major event. Or, it can occur as microtrauma (repetitive motion) over time. Unfortunately, it is difficult to determine this microtrauma is taking place. These microtraumas can be the explanation for the animal's intermittent difficulties. Because the microtrauma is undetected initially, a cycle of inflammation, edema, weakening and scar formation takes place, and by the time the problem is noted, we are often faced with additional recovery time and/or

additional difficulty in recovery.

Another video this month, this time instead of a photo. In honor of Valentine's Day...

[Dog Falls for Cat](#)
True Love!

Love cures (people)- both the ones who give it and the ones who receive it.

~Karl A. Menninger

Note: Animals are people, too!

Our Experts and I will be back again in March with more animal wellness tips....

Keep in touch!

~Megan

www.AllAboutAnimalMassage.com

Send questions and comments to Megan@AllAboutAnimalMassage.com.

Learn more at AllAboutAnimalMassage.com.

Find a professional at the [Animal Wellness Network](#).

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