

## What people are saying about the All About Animal Massage Series....

"As a Veterinary Spinal Manipulative Therapist (chiropractor), I feel it is important for animal owners to do follow-up massages at home after my treatments. ***The Dog Lover's Guide to Massage*** and ***The Horse Lover's Guide to Massage*** are perfect guides. Both books show owners how to proceed safely while providing very beneficial therapy. This knowledge would enable owners to detect problem areas more easily and give them valuable tools to provide pain relief and aid healing for their own animals. If more owners practiced the techniques discussed in these books, their animals would very likely need fewer treatments from their veterinary chiropractors.

Using the massage techniques in this book will give owners a better awareness of what is going on with their dog's or horse's body. By following the change in the soft tissues and muscles, they will likely notice areas of heat, pain, or swelling very early. A perceptive owner can bring an animal's problem to my attention much sooner. This way I can treat the animal much more easily than if the problem had been brewing for months before being noticed.

Megan Ayrault is a gifted massage therapist; I have seen the benefits of her work firsthand. One of many examples involved an older mare who was so sore after having her neck propped up to get her teeth floated that she did not even want to move her body at all. Megan was able to get out to see the mare before I could, and obtained near-miraculous results with her massage work. Megan went just deep enough to give the mare relief and speed healing without causing any additional soreness. I would not trust just anyone working on a patient this fragile, but Megan has a special touch. She also conveys this same calm, patient, healing intention to the readers of her books.

As an equine and canine veterinarian, chiropractor, and acupuncturist, I would love for all of my clients to have the education that Megan's animal massage books provide!"

~Dr. Kari De Leeuw DVM, VSMT, CVA

[Equine Holistic Sports Medicine](#), Moss Beach, CA

"I am a horse artist and I have six rescued horses, however horse massage is something I've never thought I could learn myself. I always felt I'd have to learn detailed anatomy and techniques in an expensive course. Megan Ayrault's book, *The Horse Lover's Guide to Massage*, is enlightening and easy to read. She offers practical tools and techniques that can be incorporated into daily life. The photos and illustrations are well done, and her demonstrations and suggestions for how to understand a horse's needs from a holistic perspective, and her suggestions of how to incorporate massage into your lifestyle, make it much more than just a "how to" book. Megan has inspired me to find new ways to spend some special time with my horses."

~Kim McElroy, Illustrator of *The Way of the Horse* Book and Card set, and Author and Illustrator of *The Way of the Horse Journal*

[Spirit of Horse Gallery](#), Kingston, WA

"If you have a dog, if you know someone with a dog, or if you are thinking of getting a dog...you need *The Dog Lover's Guide to Massage: What Your Dog Wants You to Know*. Concise, compassionate and comprehensive insight into how massage can help you help your pet."

~Lola Michelin, Founder and Director

[Northwest School of Animal Massage](#), Fall City, WA

"Reading *The Horse Lover's Guide to Massage* should be on every horse-owner's, rider's or trainer's To-Do list. Few could summarize the vast world of massage and bodywork with such clarity and enthusiasm as Megan has in this book. Having known her and watched her professionally for many years, I was overjoyed to see how much of her compassion for the animals shines through in her words. I now have an answer for that plaguing question; 'What can I get my horse-loving friends that they don't already have!'"

~Lola Michelin, Founder and Director

[Northwest School of Animal Massage](#), Fall City, WA

"I was very pleased when Megan asked me to review her books: *The Horse Lover's Guide to Massage* and *The Dog Lover's Guide to Massage*. Megan has presented both a very fresh view of the essentials of massage, and more importantly a way for us all to better connect with and care for our animals."

~Jim Pascucci, Author of *Equine Structural Integration: Myofascial Release Manual*

[Animal Structural Integration](#), Longmont, CO

"Megan's books are a wonderful resource for every animal lover! The massage information is easy to follow and the Basic Techniques with Anatomy Connections are invaluable and will help enhance your understanding of your animal's overall health and well-being."

~Kim Bauer, Lead Instructor of Tallgrass Animal Acupressure Institute

[Animal Ease Therapies, LLC](#), Parkdale, OR

"Wow! I love these books! They are the obvious product of much intelligent thought, knowledge, intuition, and command of the phenomena of the physical body; well organized, complete and challenging, but accessible to a wide variety of readers. Every reader at every level will be informed, enlightened, perhaps reminded of important elements of this humane art."

~Cindy Reynolds, PhD, Licensed Massage Practitioner

[Second Wind Farm](#), Snohomish, WA

"In *The Horse Lover's Guide to Massage* and *The Dog Lover's Guide to Massage*, author Megan Ayrault has created concise, yet thorough how-to guides for the conscientious horse and pet owner. The books are filled with her unique wisdom, intuition and compassion. The explanations are clear and thoughtful and every word is carefully chosen to provide the reader with a truly memorable education. Having witnessed Megan's professional work with animals and people for nearly a decade, I was pleased to see that her warmth and her deep-seated belief in the magic of bodywork are as evident in her writing as in her massage."

~Joan Sorita, Licensed Massage Practitioner, Owner of Therapy Corner Store

[Sorita Equine Massage](#), Bothell, WA

On the Guided Journals: *Massaging My Horse* and *Massaging My Dog*,  
(companion workbooks to *The Horse Lover's Guide* and *The Dog Lover's Guide*)

"As a veterinarian, I am impressed by the format of the guided journals. They enable the reader to proceed with enough caution to not do damage, yet the step-by-step guidance should instill confidence that what they are doing will help their animal companion."

~Dr. Kari De Leeuw DVM, VSMT, CVA

[Equine Holistic Sports Medicine](#), Moss Beach, CA